

Is Your Home Poison-Proof?

A Room-by-Room Safety Checklist

Use this checklist to identify and address common poison risks in each area of your home.



Kitchen

- ☐ All cleaning products stored in upper or locked cabinets.
- ☐ Laundry pods stored in original childproof container, out of reach.



Bathroom

- ☐ Medications, vitamins and supplements in a locked cabinet or high shelf.
- ☐ No medications left on the counter or in bags on the floor.



Garage and Utility Areas

- ☐ Pesticides, motor oil and chemicals on high shelving or in a locked cabinet.
- ☐ No hazardous products stored in unlabeled or food containers.



Common Areas

- ☐ Guest bags and purses stored out of reach; all visitors briefed on household safety rules.
- ☐ Poison Control number (800) 222-1222 posted visibly in the kitchen and bathrooms, and saved in every adult's phone.



Travel Preparedness

- ☐ Locked storage container for medications packed for every trip.
- ☐ Plan for guests' medications and hazardous items before they arrive.



Medication Disposal

- ☐ Unused and expired medications disposed of through a take-back program or approved method.
- ☐ National Prescription Drug Take Back Day marked on the calendar.



Emergency Plan

- ☐ Every caregiver in the household knows what to do if a child ingests something dangerous.
- ☐ Steps posted or saved:
 - 1 Call Poison Control (800) 222-1222.
 - 2 Do not induce vomiting unless instructed.
 - 3 Call 911 if the child is unresponsive or having a seizure.